

## The Ostomy Association of Albuquerque

### What is an Ostomy?

*An Ostomy is an artificial opening in the body created surgically. A colostomy occurs when the opening is in the large intestine or colon.*

*An ileostomy is when the opening is in the small intestine or ileum. A urostomy is when the opening is in a segment of the intestine which replaces the bladder. This opening is formed when the segment of the intestine opens onto the abdomen creating a stoma.*

*Normal body wastes are then expelled through the stoma into an appliance worn on the body.*

- *Newsletter*
- *Visitor program*
- *Monthly networking/support meetings*
- *Lending library*
- *Quarterly education meetings*
- *Holiday get-together*



### *The Ostomy Association of Albuquerque*

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- *MONTHLY MEETINGS*
- *QUARTERLY MEETINGS*

### *WHERE:*

*Presbyterian Kaseman Hospital  
8300 Constitution Blvd. NE  
Albuquerque, NM*

*Sandia Room (next to cafeteria)  
2:00 PM Sunday (call for dates or  
check the blog site)*